

SHONA

KUTAURA NEZVECOVID-19 NEHUTANO HWEPFUNGWA





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SHONA



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KWAZIWAI, ZITA
RANGU NDINI TAKU,
NDIRI KUDA KUTALIRA
NEMI PAMUSORO
PEZVEUTANO
HWEPFUNGWA



MAD

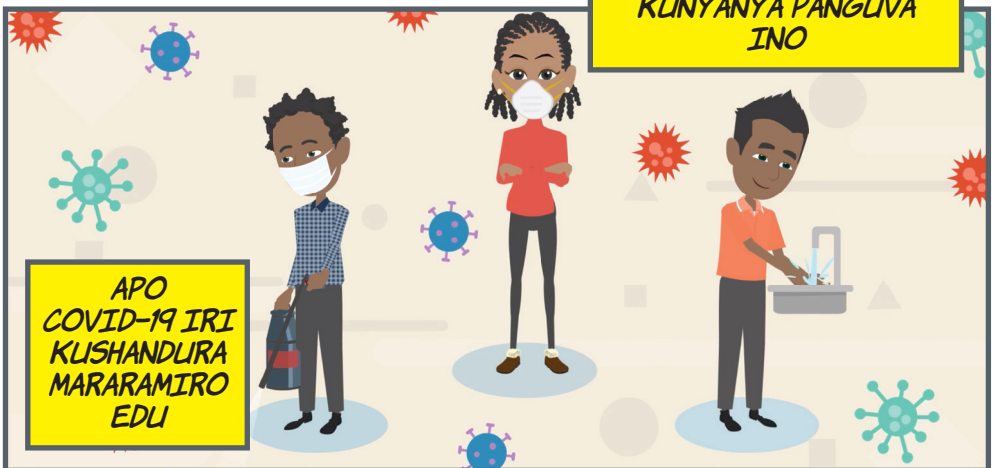
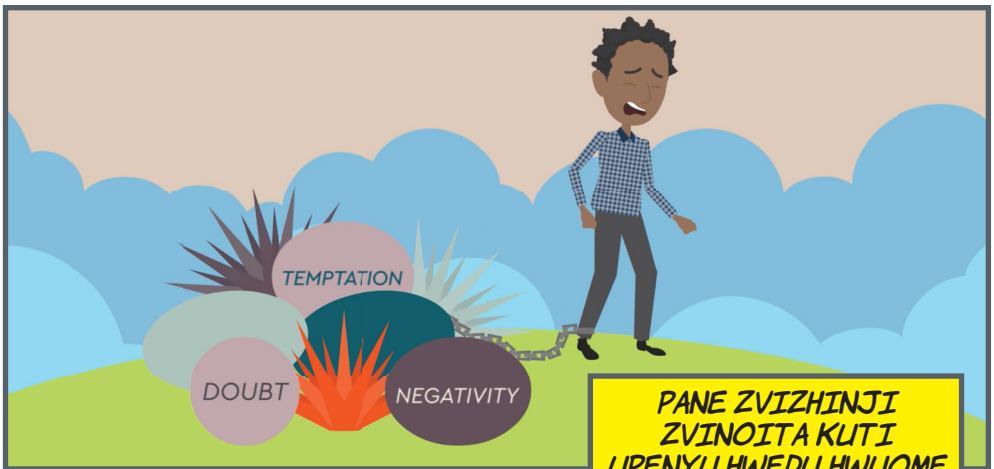
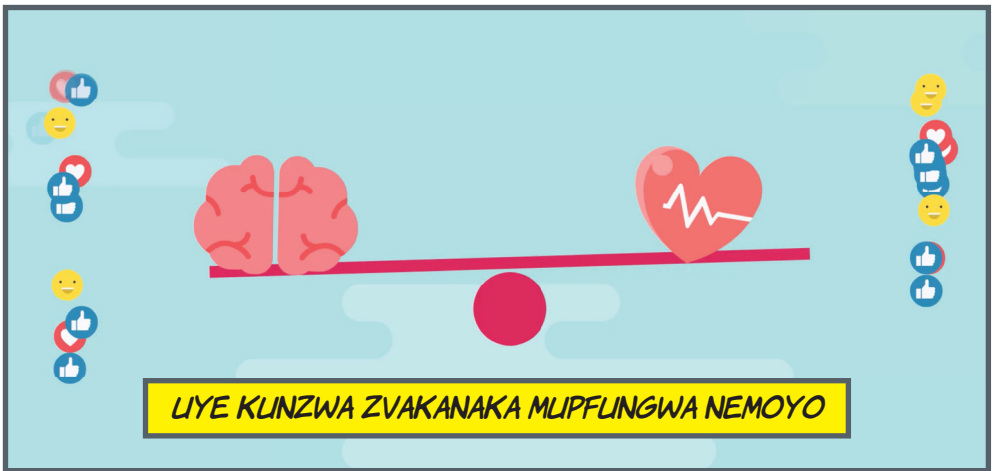
CRAZY



VAMWE VANOFUNGA KUTI IZVI ZVINONGOREVA
KLIPENGA KANA KUTENDERERA PFUNGWA ASI
HAZVISIRIZVO.



ZVINOREVA KUIVA NELITANO





Anxiety

MLINGUVA YAKAOMA
MUNOGONA
KUFUNGANYA, APO
MUNHU ANONETSEKA
ZVAKANYANYA



Depressed

KANA KUTI MUNOGONA KUNZWA
KUSHUNGURUDZIKA MUPFUNGWA
APO MUNHU ANONZWA KUSURUKIRWA
NEKUSHAYA TARIRO



SUICIDE

MLIKANYANYA
KUSHUNGURUDZIKA
MUPFUNGWA, ZVINOGONA
KULINZA PFUNGWA
DZEKUZVIURAYA



KANA MUKATYISIDZIRWA
KANA KUBATWA
NECHISIMBA



ZVINOGONA KUITA KUTI
MLIBATWE NEKUTYA KANA
KUNETSEKA MUCHIFUNGA
KUTI ZVINOGONA KUITIKA
ZVAKARE





COVID-19



**MUNOGONA KUTYA
KUTI COVID-19
INGANGTORA
LIPENYU HWENYU KANA
HWEMLINHU WAMUNODA,
IZVO ZVINOITA KUTI
MLIVE NEPFUNGWA IDZI**



Poor
Concentration

Irritable And
Angry

Depression

Anxiety

Worry

Fear



**KLUSHUNGURUDZIKA MUPFUNGWA, KUFUNGANYA, KUTYA PAMWE
NEKUNETSEKA KUNOGONA KUREVA KUTI MUNOGONA KUTADZA
KUNAKIDZWA NEHUPENYU, KANA KUTI MINOTADZA KUISA
PFUNGWA DZENYU PACHINHU CHIMWE CHETE, KANA KUNGONZWA
HASHA PAMWE NEKUTSAMWA**



Poor Sleep



Fast
breathing



Pounding
Heart



Poor
Appetite



Headaches



**MATAMBUDZIKO AYA
ANOGONA KUITA
KUTI MLIVIRI WENYU
USANZWE ZVAKANAKA,
ZVICHISANGANISIRA
KUFEMERUKA, KUROVA
KWEHANA, KUSARARA
ZVAKANAKA, KUNZWA
KUSADA KUDYA LIYE
KLITEMWA NEMUSORO**

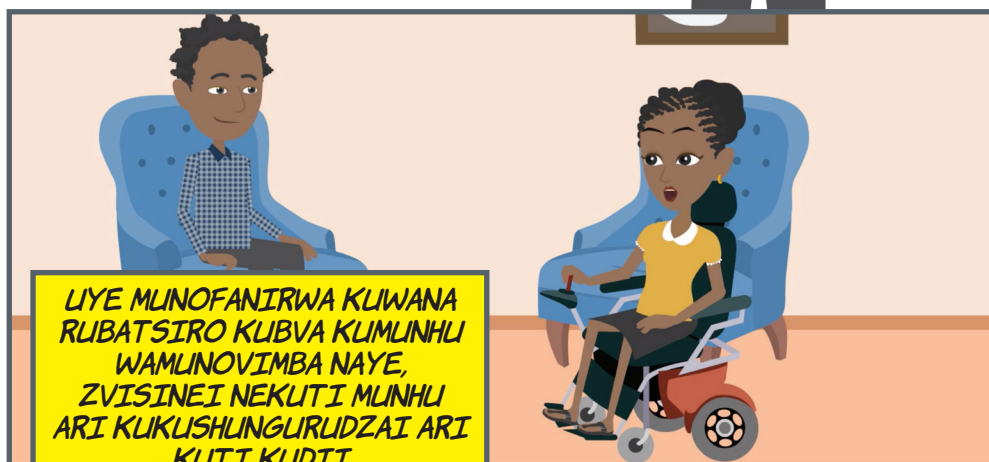


MUNGUVA
YEKUREMERWA,
MHIRIZHONGA
NEKUSHUNGURUDZWA
ZVINOGONA
KUIWEDZERA MUDZIMBA
LIYE NEMUMHURI.

**NOT
OK**



KUSHUNGURUDZWA KWEMHANDO
IPI HAKUNA KUNAKA



LIYE MUNOFANIRWA KUIWANA
RUBATSIRO KUBVA KUMUNHU
WAMUNOVIMBA NAYE,
ZVISINEI NEKUTI MUNHU
ARI KUKUSHUNGURUDZAI ARI
KUTI KUDII



ZVINHU IZVI
ZVINOWEDZERWA
NEKUNWA
DORO PAMWE
NEKUSHANDISA
ZVINODHAKA



MHIRIZHONGA

KUTADZA KUITA
SARUDZO YAKANAKA

PAMWE NEKUITA
ZVINOGONA
KUKONZERA NJODZI

ZVAKAKOSHA KUTI
LIZVICHENGETEDZE
ZVAKANAKA



NOKUDARO,
ZVAKAKOSHA KUTI
VANHU PANGLIVA INO
VAZVICHENGETEDZE
ZVAKANAKA



**ITAI MAEKISESAIZI, KUNYANGWE MUSINGAGONI
KUBLIDA MUCHINOFAMBA PANZE, ITAI ZVAMUNOGONA
KUITA MURI MUMBA**



**EDZAI
KUJOGA
MURI
PAZVIMBO
IMWE CHETE**



**KANA KUITA
MASQUATS...**



...KANA MA SIT-LIPS

**ZVINOATSIRA KUVA NEMUMWE
WAMLINOITA NAYE KUTI
MUKURUDZIRANE**



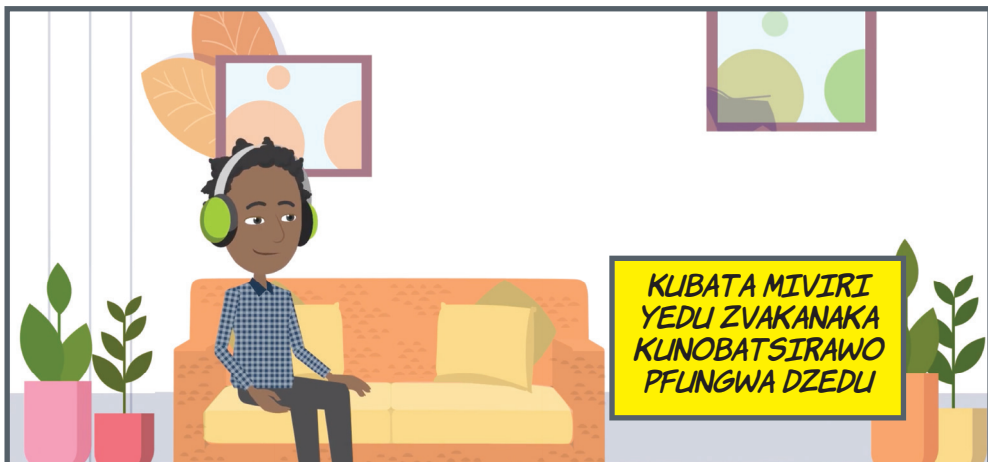
**IDYAI
ZVAKANAKA...**



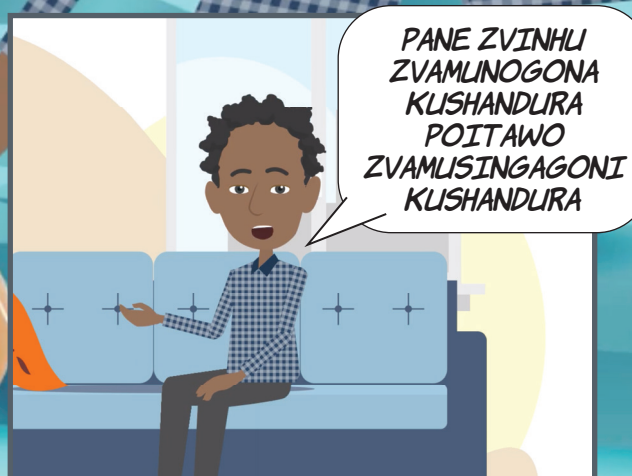
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ZVAKAKWANA**

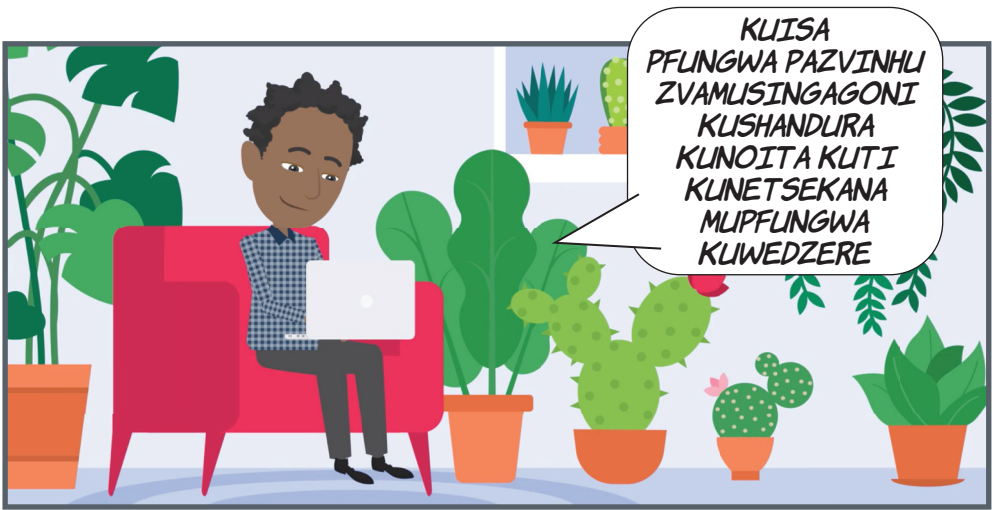


**KUBATA MIVIRI
YEDU ZVAKANAKA
KUNOBATSIRAWO
PFLINGWA DZEDU**



**ISAI PFUNGWA
PAZVINHU
ZVAMUNOGONA
KUSHANDURA**





**CHIMBOMIRAI
ZVEKUFUNGANYA**

**ITAI ZVINHU
ZVINOITA KUTI
MUSAFUNGE
NEZVEMATAMBUDZIKO,
KANA KWENGLIVA PFUPI
ZVAYO**



ZVINHU IZVI ZVINOSANGANISIRA KUONA TV



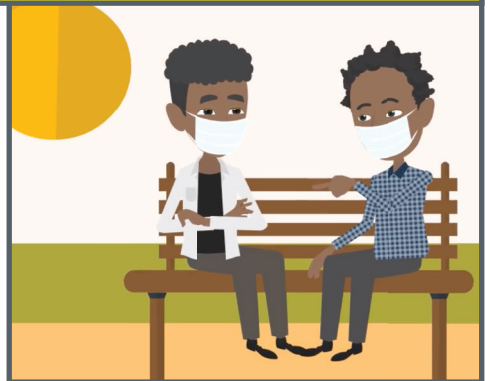
Itai zvinhu

ZVINOUNZA

SHANDUKO

IZVI ZVINGAVA
KUSHANDURA
DAMBUDZIKO
KANA KUSHANDURA
MAONERO
AMUNORIITA

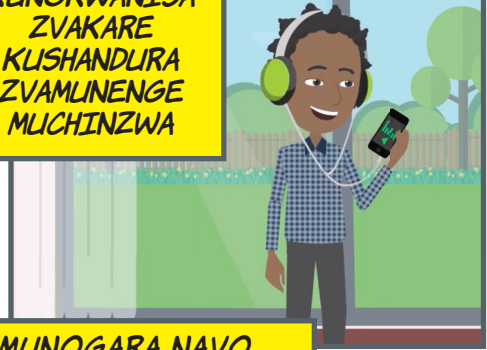
IZVI ZVINO GONA KUSANGANISIRA
KUTAIIRA PAMUSORO
PEZVEDEMBUDZIKO RENYU
NEMUNHU WAMUNOVIMBA NAYE



**KUNYORA PASI
ZVINOITIKA
MUUPENYU HWENYU
ZUVA NEZUVA...**



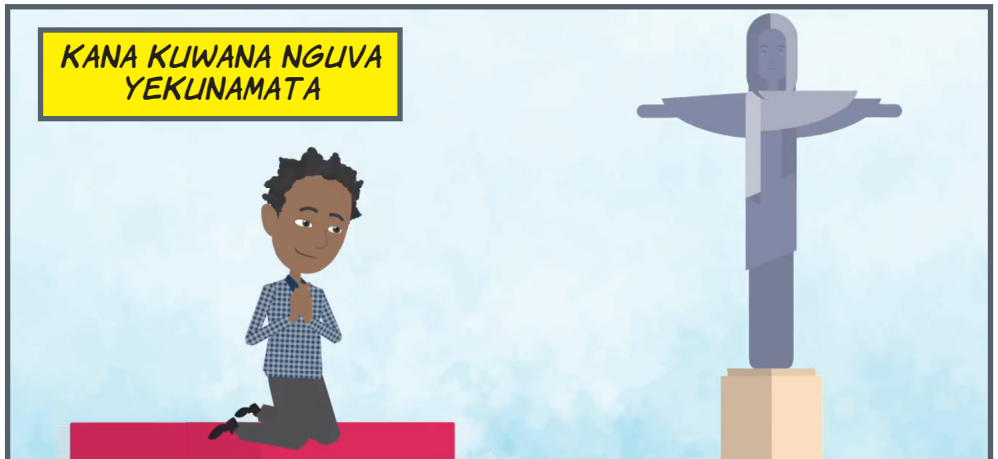
**...KUTEERERA
MUMHANZI
KUNOKWANISA
ZVAKARE
KUSHANDURA
ZVAMUNENGE
MUCHINZWA**



**KUIMBAWO NEVAMWE VAMUNOGARA NAVO
MUMBA MENYU KUNOGONAWO KUBATSIRA
ZVAKANYANYA**



**KANA KUIWANA NGUVA
YEKUNAMATA**



**1. MUNOKWANISA
ZVEKARE
KUDZIKAMISA MUVIRI
NEPFUNGWA DZENYU
KUBUDIKIDZA
NEEKISESAIZI
YEKUFEMA**

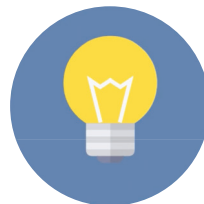
**2. GARAI PASI
MAKANYATSOSLUNLINGUKA
MOISA PFUNGWA
PAMAFEMERO ENYU**

**3 FEMAI MUCHIPINZA MWEYA
MUKATI ZVINYORO NYORO UYE
ZVAKADZAMA MUCHIVERENGA
KUSVIKA KU 4, MOBATA MWEYA
MAKADARO MUCHIVERENGA
KUSVIKA KU 4, MOTURA
MAFEMO ZVINYORO NYORO
MUCHIVERENGA KUSVIKA KU 4**

**4. DZOKORODZAI
IZVI KWEMANITSI
MASHOMANINI.
IZVI ZVINOITA
KUTI MUNZWE
KURERUKIRWA**



**ITAI IZVI MAZUVA OSE,
NYANGWE APO MUNENGE
MUSINGANZWI KUSHUSHIKANA
MUPFUNGWA. MUNOKWANISA
KLIPA MAZANO AYA KUVANHU
VARI PEDYO NEMI,
ZVINGANGOVABATSIRAWO
ZVAKARE**



**MURANGARIRE KUTI
NGLIVA INO NDIYO
YAKANYANYOKOSHA KUTI
MUCHENGETEDZE MIVIRI
YENYU NEPFUNGWA DZENYU,
KUTI MUGARE MUINE UTANO
HWAKANAKA UYE MUCHIFARA**



KUFARA!

LITANO!



OPPORTUNITIES
GOALS
Fun
Smile
HOPE
Trust
sing
Hospital
support
patients
smile
live
Dancing
our own books

PURPOSE
Well-being
Change
Treatment
Peace
Engagement
Support
Confidence
Safety

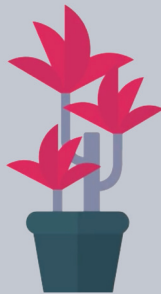
Fun
Care
Learning
Trust
Jobs
Business
Happiness
Trust
Safety
Skill

Viral
A voice
Pride
Access
Growth
Skills
Safety
Belief

HEARING AIDS
HEALTH
SHINE
PEACE
DREAMS
CARE
EMPOWERMENT

TRAINING
CD4
HIV
LOVE
Medicines
SAFETY
DANCE
EDUCATION

HOPE
Dental Care
HAPPINESS
Access to treatment & care



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