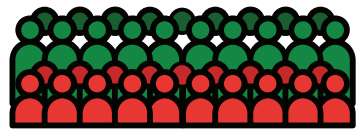


Zvandiri



AFRICAID

THE LATEST FROM ZVANDIRI January To December 2020



54,764

children, adolescents and young people living with HIV received Zvandiri services across **43 districts** of Zimbabwe, through **home visits**, **support groups** and **ART refill groups**, **clinic visits** and MHealth.



Led by **1,328 trained, mentored CATS**, attached to **626 health facilities**, supervised by Nurses and Primary Counsellors, with technical assistance from **38 Zvandiri Mentors** and **76 Zvandiri Associates** and SI Officers

All Zvandiri services were adapted to ensure continued support and engagement during COVID-19 whilst protecting clients and the Zvandiri team.



HIV TESTING-INDEX CASE FINDING

6,767

children, adolescents and young people were tested for HIV, through index case finding



11.2%

(760) diagnosed with HIV



95%

(721) were linked and initiated on ART

HIV SELF TESTING

9,831 self-test kits distributed to 16-24 year olds by CATS



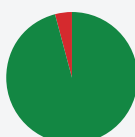
99% (9,745) used the self-test to screen for HIV



5% (518) screened HIV positive



89% (459) of those received confirmatory testing at the clinic



96% (441) were confirmed HIV positive and **100% (441)** linked to ART

DIFFERENTIATED SERVICE DELIVERY

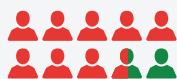
54,764 receiving Zvandiri services



94% retained in care



22% in ART refill clubs/support groups

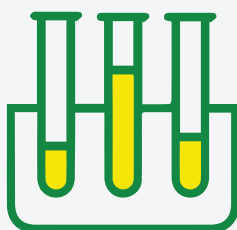


87% required standard care



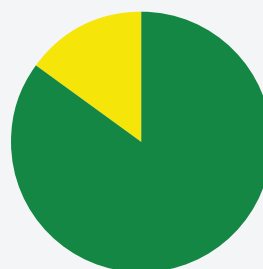
13% required enhanced care

VIRAL LOAD MONITORING



54,764

enrolled in Zvandiri



85% of

those tested were virologically suppressed

CATS HEALTH

1,328 CATS received health assessments



98% bled for Viral Load in last 12 months



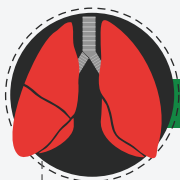
94% virologically suppressed



364 switched to TLD



1 death – meningitis



832 screened for TB



5% screened positive



100% received follow up investigations



All screened negative



41 commenced on IPT and supported to adhere

TB



CATS-led, community based active case finding

CATS were trained to **screen** for TB, **mobilise** for IPT and **refer** to TB services



910 CYPLHIV screened positive for TB



84 (9%) diagnosed with TB



574 commenced on IPT and supported to adhere

SOCIAL PROTECTION

1,328 CATS worked alongside case care workers and social welfare officers to promote the identification, referral and response for children at risk of harm



CATS led identification and referral of **335** protection and **27,770** welfare cases



9 digital stories completed by Zvandiri youth under the documentation award from ViiV Health Care Positive Action for Adolescents

Adapted to virtual support and e-support groups during lockdown. **14,987** mental health screenings were done by CATS, ZMs and ZIs both in person and virtual.

27% (4,049) at risk of mental health conditions

62% with depression, **27%** with anxiety, **3%** trauma, **4%** substance abuse, **1%** psychosis, **3%** suicidal ideation

Onsite and virtual training, mentorship and supervision for health care workers and CATS to identify, case manage and support children, adolescents and young people with mental health conditions.

Virtual case management reviews with multidisciplinary team for high risk cases

Mental health support to **170** staff and **1,3128 CATS** during COVID-19 lockdown

MENTAL HEALTH

1,328 CATS providing peer counselling and support for **54,764** clients

Support to MoHCC in the development of 5 year mental health strategy.

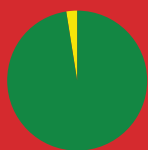
PMTCT



72 trained and mentored Young Mentor Mothers (YMM) supporting **1671 pregnant** or breastfeeding young mothers in **38** health facilities



96% of the young mothers have undetectable viral loads



97.6% of exposed infants are HIV negative
2.4% MTCT rate



97.6% of the young women's **partners** know their HIV status.

- **127** partners already tested
- **856** mobilised for HTS by YMM; **739 (86%)** tested

- **456 (62%)** tested HIV positive; **99%** initiated on ART
- **238 (38%)** tested HIV negative; **72%** linked to PrEP

ADVOCACY and EVENTS



1 animation – **Adolescent Voices of the Role of Psychosocial Support in HIV Care**

2 songs– **Together Super Power & Choose to Dance**

3 documentary films– **The medicines alone are not enough & Free to Shine**

10 webinar presentations

3 oral conference presentations

2 published case studies– **Tendai's story & Theresa's story**

6 CATS celebration events

10 Zvandiri Youth Advocates mentored

10 HER Voice advocates trained



IEC & TECHNOLOGY

Case management of **54,764** Zvandiri clients on ZVAMODA app

- Zvandiri Lounge online support group rolled out in **5 districts** with **60 CATS**
- **99 CATS** piloted the Boost app
 - **20 CATS** selected to design and develop the Boost chatbot
- **9** U-reporters responded to 6 812 young people requesting information and support.
- IEC materials produced in 3 languages
 - 7 animations– **COVID, ART, HTS & Mental Health, Msas**
 - 4 comics
 - 4 factsheets – Trauma, Depression, Anxiety and Substance Abuse
 - 1 journal
- **18 episodes** of the Zvandiri radio show were produced and broadcast:
 - **70,061** reached through 13 Facebook live radio sessions
 - Potential audience of 14 million across **5 radio stations**
- Zvandiri HUB App for CATS launched on Google Play

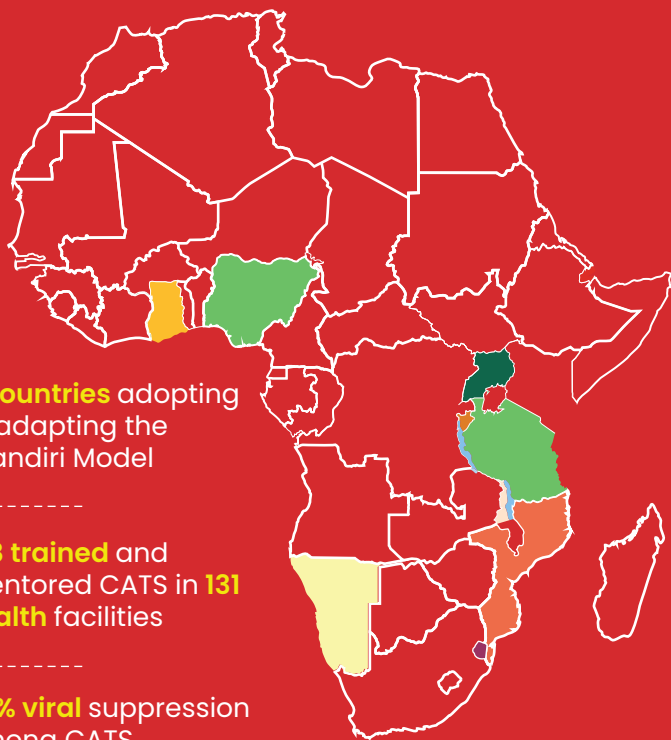
RESEARCH



Completion of the **Zvandiri-Friendship Bench trial**

- Viral suppression improved from **66%** to **85%** among ALHIV with depression supported by CATS
- Significant improvements in mental health among ALHIV receiving enhanced counselling from CATS
- **1** qualitative study on self-stigma completed
- **1** study on ART resistance among ALHIV in progress
- **388** ALHIV from 45 countries engaged in a Global Consultation on behalf of WHO
- **1** peer-reviewed article accepted
- **3** papers on HIV and mental health submitted for review with peer-reviewed journals

Beyond Zimbabwe



○ **9 countries** adopting or adapting the Zvandiri Model

○ **518 trained** and mentored CATS in **131 health facilities**

○ **96% viral** suppression among CATS

○ **15,612** clients supported

Zvandiri ECHO Hub established



38 virtual e-mentorship sessions conducted



96 healthcare workers and **36** support group leaders trained virtually



57 CATS trained virtually



15 case management sessions

With thanks to The Ministry of Health and Child Care, Zimbabwe; Ministry of Public Services and Social Welfare, Zimbabwe; National AIDS Council, WHO; and our funding partners – AVERT, CeSHHAR, CDC, Child Protection Fund, CIFF, ELMA Philanthropies, ITECH, Friendship Bench, Frontline AIDS, Grand Challenges Canada, Maruva Trust, PATA, Pangea, Zimbabwe AIDS Trust, PEPFAR, SHM, Swiss Agency for Development & Cooperation, UKAid, UNAIDS, UNICEF, USAID, Viiv Health Care, Y+ Global, ZACH, ZimTTECH.

All resources available on the website.

Contact:  www.africaaid-zvandiri.org  [@zvandiri](https://www.facebook.com/zvandiri)  [@zvandiri](https://twitter.com/zvandiri)